

## planning **AHEAD**



End-of-life planning is the ultimate gift you can give your loved ones. Join us for a multisession program that gives you the tools and resources to help begin or continue the endof-life planning process. This type of planning, including advance care planning, is not just for people who are very old or ill.

At any age, a medical crisis could leave you unable to communicate your own health care decisions.

Plan ahead. Don't leave a mess, leave a legacy.



Advance Medical and Legal Directives



Estate Planning



Choices in End-of-Life Care



Final Wishes

derstanding Grief

Wednesdays for 6 weeks (must try to attend all sessions)

## Dates: February 7 - March 13 Times: 2:00 - 3:00 pm

John Fischer Manor, 330 E 1st Avenue, Appleton No cost to attend

Registration through John Fischer Manor Kristyl at 920-843-2067

Katie Gellings | Human Development & Relationships Educator Outagamie County Katie.Gellings@wisc.edu | 920-832-5126

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.